

Review of the National Adolescents Sexual and Reproductive Health Programme

September– December 2015

Reviewing the national ASRH programme

Project Objectives:

- To facilitate and coordinate the pilot of the 5 step review process and conducting the data preparation work.
- To provide technical expertise in adapting the GER/SDH review methodology training activities and manual to address adolescent health needs in the post-earthquake scenario in Nepal.
- To develop a work plan based on the recommendations from the review exercise into feasible, evidence based revisions to the programme and its M&E framework, for consideration by FHD and WHO to carry forth into the

Team Members:

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Project Summary

The 5-step review is a methodology that aims to review how a national health program can better meet the needs and human rights of all persons. A review was conducted in the last quarter of 2015 to ascertain how the national Adolescent Sexual Reproductive Health Programme of Nepal could better address equity, gender, human rights and social determinants of health, to ensure that “no adolescent is left behind”. This review was led by the Family Health Division of the Ministry of Health (MoH) of Nepal, with support from the World Health Organization and the Health Research and Social Development Forum (HERD), and in conjunction with other members of an interdisciplinary review team.

Methodology

Relevant policies and documents were reviewed. A review team was formed comprising experts and officials working on ASRH programmes. Two days sensitisation meeting was held in Kathmandu. Various meetings were held at FHD to complete the Review checklists. 5-days Review workshop was organized in Kathmandu. All the reviews process were finalized in December.

Conclusion/Recommendation

- The application of the 5-step review process to the National ASRH programme has enabled the identification of the so-called hidden barriers to implementation of the activities. The new programme theory is more focused and enriched with interventions that are expected to improve the quality of the ASRH and its implementation, which will lead to further

availability, accessibility and coverage of the services for all adolescents, specifically those from the most vulnerable groups. The importance of collaboration with different stakeholders and of social participation has been recognised by all participants and will be adopted as practice in the future during the development and implementation of the new NAHD strategy.

- Despite the ASRH having been designed to reach all adolescent populations, some groups are not accessing and not benefiting from it. In the future, more attention should be given to equity – identifying appropriate ways to minimize the barriers and identifying facilitating factors – in order to fully implement the activities and achieve the defined goals. Since not all the barriers and facilitating factors can be addressed by the health sector, greater collaboration with other sectors is vital, so there is a need to create a mechanism for collaboration and coordination with other sectors beyond health, at the national, regional and/or local level.



5 Step Review team

